

Rialto Unified School District

Jan 7, 2025 thru Jan 10, 2025

Base Menu Spreadsheet

PRE-K BIC # 1

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 01/07/2025																
PRE-K BIC # 1	Total	300														
Snack'n Waffles, Cinnamon	pkg	300	250	44	290	2.00	1.44	30.0	75	0.0	15	6.0	37.0	9.0	4.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	1	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	299	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			480	59	440	5.00	1.44	380.0	695	0.00	53 44.2%	15.00 12.5%	79.00 65.8%	11.50 21.6%	5.50 10.3%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 01/08/2025																
PRE-K BIC # 1	Total	300														
CEREAL,MULTI-GRAIN CHEER IOS'24	Bowl (28 Grams)	300	110	0	105	2.00	12.60	100.0	300	3.6	6	2.0	23.0	1.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	1	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	299	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			269	15	255	3.93	12.60	450.0	834	3.60	27 39.8%	11.00 16.4%	46.64 69.5%	3.50 11.7%	1.50 5.0%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 01/09/2025																
PRE-K BIC # 1	Total	300														
Pancakes, Confetti Bites 2022	pkg	300	210	10	210	4.00	3.60	20.0	1000	0.0	11	4.0	36.0	7.0	1.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	1	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	299	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00

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Rialto Unified School District

Jan 7, 2025 thru Jan 10, 2025

Base Menu Spreadsheet

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			364	25	360	6.00	3.78	380.0	1550	123.60	31	13.00	58.00	9.50	2.50	0.00
% of Calories											34.1%	14.3%	63.7%	23.5%	6.2%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Fri - 01/10/2025																
PRE-K BIC # 1	Total	300														
Yogurt,Straww/crack-DW '24PSBK	SERVING	300	290	5	245	2.00	2.00	585.0	30	0.0	35	7.0	59.0	3.0	0.50	0.00
Orange juice, DW, 4oz.2024	EACH(4 oz	1	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
Orange juice, DW, 4oz.2024	EACH(4 oz	299	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			465	20	409	2.00	2.00	945.0	630	30.00	63	17.00	87.00	5.50	2.00	0.00
% of Calories											54.2%	14.6%	74.8%	10.6%	3.9%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			394	30	366	4.23	4.96	538.8	927	39.30	43	14.00	67.66	7.50	2.87	0.00
											99.1%	14.2%	68.6%	17.1%	6.6%	0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	394		350 - 500	100%				
Cholesterol (mg)	30							
Sodium 1 (mg)	366		540	68%				
Fiber (g)	4.23							
Iron (mg)	4.96							
Calcium (mg)	538.8							
Vitamin A (IU)	927							
Sugars (g)	43	44.05%						
Vitamin C (mg)	39.30							
Protein (g)	14.00	14.20%						
Carbohydrate (g)	67.66	68.62%						
Total Fat (g)	7.50	17.11%	<=30.00%					
Saturated Fat (g)	2.87	6.56%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%						

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Rialto Unified School District

Jan 13, 2025 thru Jan 17, 2025

Base Menu Spreadsheet

PRE-K BIC # 1

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 01/13/2025																
PRE-K BIC # 1	Total	300														
PANCAKES '24	2 EACH	300	130	5	240	3.00	1.00	63.0	0	0.0	6	4.0	26.01	2.0	0.00	0.00
SYRUP	1 OZ	300	66	0	23	0.00	0.01	0.9	0	0.0	6	0.0	17.43	0.0	0.00	*N/A*
Cralsins, Watermelon	serv. (1.1	1	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
	6 oz)															
Cralsins, Watermelon	serv. (1.1	299	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
	6 oz)															
MILK,1% DW 2024	EACH(1/2	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
	pint)															
Weighted Daily Average			426	20	413	6.00	1.01	413.9	620	0.00	50	13.00	85.44	4.50	1.50	*0.00
% of Calories											47.0%	12.2%	80.1%	9.5%	3.2%	*0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Tue - 01/14/2025																
PRE-K BIC # 1	Total	300														
BREAD,BANANA 2023	1 EACH	300	329	39	170	3.91	1.14	28.0	87	4.04	*29	4.56	49.55	14.45	1.37	*0.00
Juice, apple 4oz. DW-2024	Each(4oz)	1	55	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00	0.00
Juice, apple 4oz. DW-2024	Each(4oz)	299	55	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
	pint)															
Weighted Daily Average			504	54	335	3.91	1.14	378.0	587	34.04	*58	13.56	78.55	16.95	2.87	*0.00
% of Calories											*46.0%	10.8%	62.3%	30.2%	5.1%	*0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Wed - 01/15/2025																
PRE-K BIC # 1	Total	300														
CEREAL,MULTI-GRAIN CHEER	Bowl (28	300	110	0	105	2.00	12.60	100.0	300	3.6	6	2.0	23.0	1.0	0.00	0.00
IOS'24	Grams)															
BANANAS	1 EACH	1	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
BANANAS	1 EACH	299	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
MILK,1% DW 2024	EACH(1/2	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
	pint)															

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Rialto Unified School District

Jan 13, 2025 thru Jan 17, 2025

Base Menu Spreadsheet

PRE-K BIC # 1

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			320	15	256	4.63	12.86	455.1	865	12.39	32 40.5%	12.10 15.1%	60.07 75.1%	3.83 10.8%	1.61 4.5%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Thu - 01/16/2025																
PRE-K BIC # 1	Total serving	300														
Sndwich Chx & Sausage 2020	300		159	26	312	1.40	1.10	110.0	110	0.0	2	9.7	16.0	6.4	2.60	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	1	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	299	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			313	41	462	3.40	1.28	470.0	660	123.60	22 27.9%	18.70 23.9%	38.00 48.6%	8.90 25.6%	4.10 11.8%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Fri - 01/17/2025																
PRE-K BIC # 1	Total	300														
BREAD,BANANA 2023	1 EACH	300	329	39	170	3.91	1.14	28.0	87	4.04	*29	4.56	49.55	14.45	1.37	*0.00
Juice, apple 4oz. DW-2024	Each(4oz)	1	55	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00	0.00
Juice, apple 4oz. DW-2024	Each(4oz)	299	55	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			504	54	335	3.91	1.14	378.0	587	34.04	*58 *46.0%	13.56 10.8%	78.55 62.3%	16.95 30.2%	2.87 5.1%	*0.00 *0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			414	37	360	4.37	3.49	419.0	664	40.81	*44 *95.8%	14.18 13.7%	68.12 65.9%	10.22 22.2%	2.59 5.6%	*0.00 *0.0%
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Rialto Unified School District

Jan 13, 2025 thru Jan 17, 2025

Base Menu Spreadsheet

PRE-K BIC # 1

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size % of Cals	Reimb Qty Weekly Target	Cals (kcal) % of Target	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Error Messages (if any)
Calories	414		350 - 500	100%														
Cholesterol (mg)	37																	
Sodium (mg)	360		540	67%														
Fiber (g)	4.37																	
Iron (mg)	3.49																	
Calcium (mg)	419.0																	
Vitamin A (IU)	664																	
Sugars (g)	44	42.59%				Missing												
Vitamin C (mg)	40.81																	
Protein (g)	14.18	13.72%																
Carbohydrate (g)	68.12	65.88%																
Total Fat (g)	10.22	22.25%	<=30.00%															
Saturated Fat (g)	2.59	5.63%	<10.00%															
Trans Fat ¹ (g)	0.00	0.00%				Missing												

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Rialto Unified School District

Jan 21, 2025 thru Jan 24, 2025

Base Menu Spreadsheet

PRE-K BIC # 1

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 01/21/2025																
PRE-K BIC # 1	Total	300														
BURRITO,Brkft.Bn&Ch-Wh-Gr-2 017	1 EACH	300	177	20	264	3.90	0.76	186.3	168	0.0	0	9.92	18.12	7.3	3.54	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	299	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			328	35	415	4.31	0.89	542.8	714	1.84	22 26.4%	19.21 23.4%	40.01 48.8%	9.96 27.3%	5.09 14.0%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Wed - 01/22/2025																
PRE-K BIC # 1	Total	300														
Bar, Benefit Apple Cinn '22	1 EACH	300	290	15	240	3.00	1.80	20.0	110	0.0	22	5.0	48.0	9.0	3.00	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	1	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	299	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			449	30	390	4.93	1.80	370.0	644	0.00	43 38.1%	14.00 12.5%	71.64 63.9%	11.50 23.1%	4.50 9.0%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Thu - 01/23/2025																
PRE-K BIC # 1	Total	300														
CEREAL,MULTI-GRAIN CHEER IOS'24	Bowl (28 Grams)	300	110	0	105	2.00	12.60	100.0	300	3.6	6	2.0	23.0	1.0	0.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	1	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	299	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			264	15	255	4.00	12.78	460.0	850	127.20	26 39.4%	11.00 16.7%	45.00 68.2%	3.50 11.9%	1.50 5.1%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Fri - 01/24/2025																
PRE-K BIC # 1																
	Total SERVING															
Yogurt,Straww/crack-DW '24PSBK	300	300	290	5	245	2.00	2.00	585.0	30	0.0	35	7.0	59.0	3.0	0.50	0.00
Orange juice, DW, 4oz.2024	1 EACH	1	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
Orange juice, DW, 4oz.2024	1 EACH	299	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
MILK,1% DW 2024	1 EACH	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			465	20	409	2.00	2.00	945.0	630	30.00	63 54.2%	17.00 14.6%	87.00 74.8%	5.50 10.8%	2.00 3.9%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			376	25	367	3.81	4.37	579.4	709	39.76	38 91.7%	15.30 16.3%	60.91 64.7%	7.61 18.2%	3.27 7.8%	0.00 0.0%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	376		350 - 500	100%				
Cholesterol (mg)	25							
Sodium 1 (mg)	367		540	68%				
Fiber (g)	3.81							
Iron (mg)	4.37							
Calcium (mg)	579.4							
Vitamin A (IU)	709							
Sugars (g)	38	40.76%						
Vitamin C (mg)	39.76							
Protein (g)	15.30	16.26%						
Carbohydrate (g)	60.91	64.74%						
Total Fat (g)	7.61	18.21%	<=30.00%					
Saturated Fat (g)	3.27	7.83%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%						

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Rialto Unified School District

Jan 27, 2025 thru Jan 31, 2025

Base Menu Spreadsheet

PRE-K BIC # 1

Portion Values - Detailed

Page 1

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 01/27/2025																
PRE-K BIC # 1	Total SERVING	300														
PANCAKES '24	(2 EACH	300	130	5	240	3.00	1.00	63.0	0	0.0	6	4.0	26.01	2.0	0.00	0.00
SYRUP	1 OZ	300	66	0	23	0.00	0.01	0.9	0	0.0	6	0.0	17.43	0.0	0.00	*N/A*
Craisins, Watermelon	serv. (1.1	1	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
	6 oz)															
Craisins, Watermelon	serv. (1.1	299	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
	6 oz)															
MILK,1% DW 2024	EACH(1/2	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
	pint)															
Weighted Daily Average			426	20	413	6.00	1.01	413.9	620	0.00	50	13.00	85.44	4.50	1.50	*0.00
% of Calories											47.0%	12.2%	80.1%	9.5%	3.2%	*0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Tue - 01/28/2025																
PRE-K BIC # 1	Total EACH(2.5	300														
OATMEAL CHOC-CHIP BAR-2017	oz)	300	290	20	240	3.00	1.80	20.0	110	0.0	22	5.0	47.0	9.0	3.00	0.00
GRAPES,Fresh PKG '23	serv.(1/2	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
	cup)															
GRAPES,Fresh PKG '23	serv.(1/2	299	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
	cup)															
MILK,1% DW 2024	EACH(1/2	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
	pint)															
Weighted Daily Average			441	35	391	3.41	1.93	376.4	656	1.84	43	14.29	68.89	11.66	4.55	0.00
% of Calories											39.4%	13.0%	62.5%	23.8%	9.3%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Wed - 01/29/2025																
PRE-K BIC #1	Total	300														
Waffles, Fun N Fruti '24	pkg	300	210	35	290	2.00	1.08	8.0	0	0.0	10	5.0	31.0	8.0	1.50	0.00
BANANAS	1 EACH	1	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
BANANAS	1 EACH	299	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
MILK,1% DW 2024	EACH(1/2	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
	pint)															

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Rialto Unified School District

Jan 27, 2025 thru Jan 31, 2025

Base Menu Spreadsheet

PRE-K BIC # 1

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			420	50	441	4.63	1.34	363.1	565	8.79	36	15.10	68.07	10.83	3.11	0.00
% of Calories											34.6%	14.4%	64.8%	23.2%	6.7%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Thu - 01/30/2025																
PRE-K BIC # 1	Total	300														
CEREAL, MULTI-GRAIN CHEER	Bowl (28 Grams)	300	110	0	105	2.00	12.60	100.0	300	3.6	6	2.0	23.0	1.0	0.00	0.00
IOS'24																
APPLES, Fresh sliced 2017 2oz	pkg. (2oz)	1	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
APPLES, Fresh sliced 2017 2oz	pkg. (2oz)	299	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK, 1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			264	15	255	4.00	12.78	460.0	850	127.20	26	11.00	45.00	3.50	1.50	0.00
% of Calories											39.4%	16.7%	68.2%	11.9%	5.1%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Fri - 01/31/2025																
PRE-K BIC # 1	Total	300														
Muffins, Blue-Elements 2017	1 ea	300	200	35	190	0.00	0.00	0.0	60	0.0	12	2.0	23.0	12.0	1.50	0.00
Orange juice, DW, 4oz.2024	EACH(4 oz)	1	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
Orange juice, DW, 4oz.2024	EACH(4 oz)	299	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
MILK, 1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			375	50	354	0.00	0.00	360.0	660	30.00	40	12.00	51.00	14.50	3.00	0.00
% of Calories											42.7%	12.8%	54.4%	34.8%	7.2%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			385	34	371	3.61	3.41	394.7	670	33.57	39	13.08	63.68	9.00	2.73	*0.00
											91.5%	13.6%	66.1%	21.0%	6.4%	*0.0%

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Rialto Unified School District

Jan 27, 2025 thru Jan 31, 2025

Base Menu Spreadsheet

PRE-K BIC # 1

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
		% of Cals	Weekly Target		% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)								
Calories	385		350 - 500		100%												
Cholesterol (mg)	34																
Sodium 1 (mg)	371		540		69%												
Fiber (g)	3.61																
Iron (mg)	3.41																
Calcium (mg)	394.7																
Vitamin A (IU)	670																
Sugars (g)	39	40.69%															
Vitamin C (mg)	33.57																
Protein (g)	13.08	13.58%															
Carbohydrate (g)	63.68	66.12%															
Total Fat (g)	9.00	21.02%	<=30.00%														
Saturated Fat (g)	2.73	6.38%	<10.00%														
Trans Fat ¹ (g)	0.00	0.00%				Missing											

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